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**INNOVATIVE NEW SERIES ENCOURAGES LIFELONG LEARNING,
LIVING WITHOUT LIMITS**

Ageless Living University, sponsored by Redstone, Holding First Event This Month

ALHAMBRA, Calif.: The focus of Ageless Living University sessions, sponsored by Redstone, the San Gabriel Valley's newest planned senior living community, isn't necessarily about getting answers. Instead it's more about discovering the attitudes and engagements that help people live life without limits. Ageless Living University is a monthly series of educational and discussion sessions designed to explore topics that motivate, connect, engage or remove barriers to pursuing personal goals and living one's desired lifestyle.

"We're developing a way to address practical elements of retirement, but also focus on deeper issues of what motivates people to pursue their passions and express themselves as creatively and imaginatively as possible," said Kristis Ferris, Senior Executive of Business Development at California P.E.O. Home, the not-for-profit sponsor of Redstone. "We hope those attending the Ageless Living University series will take away information that will help empower their life with choice and experience, and they will either start on a new pathway, or maintain or improve the course they're already on."

The first Ageless Living University event, "Creating a Sound Financial Plan" with DeWayne McMullin, will be held on Wednesday, January 27, at 2:00 p.m. at the Crowell Public Library of San Marino. McMullin is president of New Life Management and Development. He also serves on the faculty for the Certified Aging Services Professionals (CASP) certification program at the University of North Texas, which is part of the Coalition for Leadership in Aging Services. Ferris says creating a sound financial plan is an important topic, because one major obstacle that can stop people from pursuing the lifestyle of their choice is uncertainty about financial security.

"Once that barrier has been removed, it's a lot easier to focus on the world around you, and start taking the necessary steps to reach your goals and follow your passions," said Ferris.

Each month, Ageless Living University will feature a new topic or new guest speaker. Future event topics include: "Redesigning Your Life"; "Everyday Health and Happiness"; "Living in a True Community"; "Becoming Part of Something Larger" and "Your Personal Safety Net."

For more information about Ageless Living University, or to reserve your place at one or more sessions, call (626) 270-3800 or go to www.RedstoneLiving.org. The events are free, and friends and family are welcome.

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ABOUT REDSTONE

Redstone has received approval from the California Department of Social Services to accept reservation deposits from prospective new residents. Final site plan approval by the city of Alhambra is pending. The planned community will be located on the existing Marguerite Gardens site along Stoneman Avenue. It will be a progressive campus that includes one- and two- bedroom independent living apartments in a variety of spacious floor plans, assisted living apartments, and memory care suites.

In addition, the community will feature a town center complete with innovative experiential dining options, a fitness center, spa, indoor swimming pool, classrooms, activity areas, underground parking and much more. The community will also have a broad range of services and amenities designed specifically to meet the needs and demands of today's older adults.

California P.E.O. Home is working with [New Life Management & Development](#) in La Canada as the developer of Redstone, with design work by Costa Mesa-based [Irwin Pancake Architects](#). Redstone has a Discovery Center at 1959-A Huntington Drive in Alhambra to share information with potential future residents.

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